

2022 Dementia Friendly MA Checklist

1. Have you reviewed the steps here to becoming Dementia-Friendly? <https://dfmassachusetts.org/steps/>

Yes No

2. What is the Name of your DF Initiative? _____

3. Have you reviewed the Healthy Aging for All guide on the MA Healthy Aging Collaborative website?

<http://mahealthyagingcollaborative.org/wp-content/uploads/2020/08/Healthy-Aging-for-All-2020.pdf>

Yes No

4. Have you reviewed your Healthy Aging Profile? Yes No

<https://mahealthyagingcollaborative.org/data-report/explore-the-profiles/>

5. Have you reviewed the Tool Kit? Yes No

<https://mahealthyagingcollaborative.org/our-work/equity-in-aging/healthy-aging-for-all/>

6. How are you involving individuals living with dementia or caregivers in your work?

We have caregivers/people living with dementia on the Advisory Committee

We consult with people living with dementia individually, their caregivers, family members, loved ones.

Other: _____

7. Please check if the following are on your DF Action Team (This is a suggested list) :

COA Director, Staff, Board Members

Chamber of Commerce/Rotary

Caregivers, Family, Friends and Loved-ones

Main Street Businesses

Town Management

Banking Community

Town Librarian

Faith Communities

First Responders (Police, Fire, EMT)

School Leadership

Elected Leadership (Pro-Forma)

Colleges/University Faculty

Town Planner

Assisted Living/Long-Term Care Facilities

Other: _____

8. Have you explored working with your Regional Planning Commission?

YES

No

9. What is your community currently doing to support people living with dementia. Check all that apply:

	Currently have	In-process	Do not have
Supportive Day	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Educational Programming	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Alzheimer's Assoc. Training/Programs	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dementia Friends Training	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Memory Café	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dementia Capacity Training for COA staff	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Dementia Training for First Responders/EMT's	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other? _____	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

10. How do you plan to make your community Dementia-Friendly? Remember that the plan must address how your community will:

- Raise Awareness about Dementia
- Educate the Community about Dementia Resources to Support people living with Dementia and Care Partners
- Make Physical Changes to make the Community more welcoming and inclusive of people living with dementia

Sample plans are available here: <https://dfmassachusetts.org/pledges>

11. How are you going to assess your community's strengths and weaknesses to develop an action plan?

Check out examples here: <https://dfmassachusetts.org/tools/sample-materials/materials-by-type/>

- Survey older adults in the community
- Add DF questions to an existing community survey
- Solicit advice through your newsletter
- Create an online community conversation (Facebook for example)
- Other: _____

12. Is your community interested in pursuing Age and Dementia Friendly status at the same time?

- YES No

If Yes, find out more information about a combined initiative here:

<https://dfmassachusetts.org/dementia-age-friendly/age-dementia-friendly-toolkit/>

13. Have you consulted with the DFM Project Director, Patty Sullivan (patty@mcoaonline.com)

- YES No

14. Have you signed the DFM Pledge and submitted it to Patty Sullivan? (patty@mcoaonline.com)

Find the pledge here: <https://dfmassachusetts.org/dfm-communities/sign-the-dfm-pledge/>

- YES No

The key to this initiative is the sharing of materials across communities. We don't want ANYONE recreating the wheel. Please submit to Patty any files (town, DF brochure, Kick-Off event invite) or any other documents that you think would be helpful to share with other communities. <https://dfmassachusetts.org/tools/sample-materials/>

15. It is important to celebrate the good work that you are doing around this initiative. Have you thought about how will you communicate about your dementia-friendly (and - age?) status (past and future) to your community members?

- YES No

16. Have you discussed with your team how will you work to improve your initiative over time?

- YES No

Remember that the action plan is not a static document. Continuously improve by regularly reviewing the action plan and make adjustments as needed. With the action plan as your guide, assess and **celebrate** progress and identify new opportunities as activities are completed and goals are accomplished. Update your community and key stakeholders on progress.

Please reach out to **Patty Sullivan** (patty@mcoaonline.com) with any questions